
RESOURCES FOR YOUR CHILD AND YOUR FAMILY

- **PORTAGE**

- An internal/residential rehabilitation center located in Prevost. Offers a 3 to 6 months program for 14-21 year olds. The program consists of group meetings, adapted school curriculum, art and music classes, emotional management, physical activities, social reintegration, and family support.
- Website: <https://portage.ca/en/quebec/english-adolescent-program/>
- Admissions officer: Patrick Smith
 - Tel.: 514-694-9894 ext. 6182
 - E-mail: psmith@portage.ca

- **VIRAGE**

- A rehabilitation center offering internal and external/residential services.
- Services can be offered at school and a follow-up is possible outside of school hours (ex: breaks, summer, after graduation, etc.).
- Parental support is also available.
- Website: https://www.msss.gouv.qc.ca/repertoires/dependances/liste_etab.php?noregion=16

- **Info-Santé**

- Contact 8-1-1 option 2
- A social worker will be able to guide you to any resources in your community.

- **Parents Help Line**

- They are available 24/7
- Tel.: 1-800-361-5085
- Website: <https://www.ligneparents.com/LigneParents>

- **The Herzl Clinic**

- Running out of the Jewish General Hospital, they address and help with any physical/mental difficulties a youth might be facing, including drug use.
- Website: <https://www.jgh.ca/care-services/goldman-herzl-family-practice-centre/teenage-health-unit/>
- Tel.:514-340-8242

- **Youth Protection Department**

- They can help you if you are having difficulties with your child.
- Tel.: 1-800-361-5310

****PLEASE DO NOT HESITATE TO CONTACT ME OR YOUR CHILD'S VICE PRINCIPAL FOR FURTHER INFORMATION****

*YOU CANNOT CHANGE YOUR DESTINATION OVER NIGHT BUT YOU CAN
CHANGE YOUR DIRECTION.*

– Tim Rohn-
