

Table for Planning Learning in Sexuality Health Education

| | Sexual Growth and body image | Identity, gender stereotypes and roles, and social norms | Emotional and Romantic life | Sexual Assault | Pregnancy and Birth | General Understanding of Sexuality |
|---|---|--|--|--|--|---|
| Kindergarten | <p>1) Parts of the body Who? All classes (homeroom teachers) When? Nov.-Dec. 2023</p> <p>2) Expressing needs and feelings Who? All classes (homeroom teachers) When? After Christmas</p> | | | | <p>1) Stages of pregnancy Who? All classes (homeroom teachers) When? May-June 2024</p> <p>2) Welcoming a new baby Who? All classes (homeroom teachers) When? May-June 2024</p> | |
| Grade 1 118: Maryse Moreau | | <p>1) Gender roles and stereotypes Who? All classes (homeroom teachers) When? Dec. 2022 – Jan. 2024</p> <p>2) Respect for differences Who? All classes (homeroom teachers) When? Dec. 2022-Jan. 2024</p> | | <p>1) How to recognize a situation of sexual assault Who? All classes (homeroom teachers) When? May-June 2024</p> <p>2) Reporting an incident to an adult Who? All classes (homeroom teachers) When? May-June 2024</p> | | <p>1) Aspects of sexuality Who? All classes (homeroom teachers) When? March-April 2024</p> |
| Grade 2 Who? 118: Maryse Moreau 125: Maryse Moreau 123: Penny Demopoulos | <p>1) Sexual organs Who? All classes (homeroom teachers) When? Dec. 2023-Jan. 2024</p> <p>2) Appreciating your body and personal hygiene Who? All classes (homeroom teachers) When? June 2024</p> | | <p>1) Interpersonal relationships Who? All classes (homeroom teachers) When? March-April 2024</p> <p>2) Expressing feelings Who? All classes (homeroom teachers) When? March-April 2024 AIM: Dec. 2023</p> | | <p>1) The egg and the sperm Who? All classes (homeroom teachers) When? May-June 2024</p> <p>2) Development of a fetus Who? All classes (homeroom teachers) When? May-June 2024</p> | |
| Grade 3 | | <p>1) Stereotypes in social environments and in the media Who? All classes (homeroom teachers) When? Feb. 2024</p> <p>2) Influence of stereotypes Who? All classes</p> | | <p>1) How to recognize different forms of sexual assault Who? All classes (homeroom teachers) When? May 2024</p> <p>2) Preventing and dealing with sexual assault Who? All classes</p> | | <p>1) Aspects of sexuality (body, heart, mind and messages conveyed by the social environment) Who? All classes (homeroom teachers) When? April 2024</p> |

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| | | When? March 2024 | | When? June 2024 | | |
| Grade 4 | <p>1) Main changes associated with puberty Who? All classes (homeroom teachers) When? April 2024</p> <p>2) Feelings about growing up Who? All classes (homeroom teachers) When? May 2024</p> | <p>1) Establishing egalitarian relationships Who? All classes (homeroom teachers) When? Nov-Dec. 2023</p> | <p>1) Representations of love and friendship Who? All classes (homeroom teachers) When? Jan. 2024</p> <p>2) Attitudes and behaviours in interpersonal relationships Who? All classes (homeroom teachers) When? Feb-March 2024</p> | | | |
| Grade 5 | <p>1) Psychological and physical changes associated with puberty Who? All classes (homeroom teachers) When? March 2024</p> <p>2) Role of puberty in growth Who? Who? All classes (homeroom teachers) When? April 2024</p> | | | <p>1) Preventing and dealing with sexual assault in a real or virtual context Who? All classes (homeroom teachers) When? November 2023</p> | | |
| Grade 6 | <p>1) Understanding the changes associated with puberty Who? All classes (homeroom teachers) When? Jan. 2024</p> <p>2) Body image Who? All classes (homeroom teachers) When? Jan. 2024</p> | <p>1) Impacts of sexism and homophobia Who? All classes (homeroom teachers) When? May 2024</p> <p>2) Respect for sexual diversity and respect for rights Who? All classes (homeroom teachers) When? May 2024</p> | <p>1) Romantic and sexual awakening during puberty Who? All classes (homeroom teachers) When? April 2024</p> | | | <p>1) Dimensions of sexuality (biological, psychoaffective, socio-cultural, interpersonal and moral) Who? All classes (homeroom teachers) When? March 2024</p> |