

## The Anti-Bullying and Anti-Violence Plan (ABAV)

The Anti-Bullying and Anti-Violence Plan (ABAV) for REACH School extends from a law that was put into place by the Quebec Government effective February 2012, called Bill 56.

In collaboration with Riverside School Board, we will work with all of our students, staff and parents to maintain a safe and caring learning environment for everyone.

### Definitions:

**Bullying:** refers to any repeated direct, or indirect behaviour, comment, act or gesture, whether deliberate or not, including in cyber space which occurs in a context where there is a power imbalance between the persons concerned and which causes distress and injuries, hurts, oppresses, intimidates or ostracizes.

**Violence:** refers to any intentional demonstration of verbal, written physical psychological or sexual force, which causes distress and injuries, hurts or oppresses a person by attacking their psychological or physical integrity or wellbeing. Or their rights or property.

### Prevention Practices

- The REACH code of Conduct outlines how all students, staff and parents must behave in a respectful manner towards everyone in the school community. It is distributed to all school members' and parents at the beginning of each school year.
- Implementation of social stories, role-playing and spiritual animator programs as needed.
- A prominent bulletin board is displayed at the school entrance displaying our anti-bullying activities (i.e. presentations by animators, other schools or professionals, community awareness activities and sensitization to our special needs students, information sessions in collaboration with Saint-Lambert CLC...etc)
- Encourage communication in the school community
- Pay it forward initiative and monthly random acts of kindness recognition assembly
- post photos of anti-bullying activities on REACH Facebook and RSB website

### **Reporting:**

#### **Students:**

- Guarantee of confidentiality when reporting
- students are encouraged to report if they have witnessed or have been victims of acts of bullying or violence toward a student/staff

#### **Staff:**

- Guarantee of confidentiality when reporting
- staff members **MUST** report if they have witnessed or have been victims of acts of bullying or violence toward a student/staff

#### **Parents:**

When you hear about or witness a bullying situation, you should

- contact your child's teacher or support staff
- contact the principal or staff assistants if further support is required

### **Forms of Contact**

- Student agenda
- E-mail-Letter
- Phone call
- Incident Report

### **Disciplinary Measures:**

At REACH we are committed to applying fair, consistent and appropriate consequences that are in line with the code of conduct where bullying or violence have taken place. Consequences may include loss of privileges, communication with parents, in school or out-of-school suspensions and/or community service. When necessary, Riverside School Board may be consulted.

### **Parenting Resources:** [www.rsb.qc.ca](http://www.rsb.qc.ca)

[www.kidshelpphone.ca](http://www.kidshelpphone.ca) or 1-800-668-6868

<http://www.education.gouv.qc.ca/en/current-initiatives/bullying-and-violence-in-the-schools/>

REACH GREEN  
471 Green St.  
Saint-Lambert, QC.  
J4P 1V2  
450-671-1649

REACH QUEEN  
276 Queen St.  
Saint-Lambert, QC.  
J4R 1H7  
450-550-2612

For the REACH class located at Centennial and for the Adam's PACE project, please contact Ms. Goyetche at one of the numbers above or by email. [MGoyetche@rsb.qc.ca](mailto:MGoyetche@rsb.qc.ca)

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