

# Play 5... at home!



**Constructing**



**Creating**



**Pretending**



**Exploring**



**Story-telling**

Play is an important part of a child's development. Through play, children develop a variety of skills that are foundational to further learning. With this said, the Play 5 structure, developed by the Provincial Support to the Anglophone Educational Community, is currently being used in many classrooms.

This structure teaches children about different types of play, all the while developing their social/emotional and language skills. We are positive that your young child(ren) will love to do many of these activities at home!

Each activity could last 20 to 30 minutes. Play & have fun!!!



Inside

## Constructing

Outside

**Time to build!**

Build something with:

- lego
- wooden blocks
- foam blocks
- plastic cups
- straws
- sheets and blankets (a fort)
- etc.

**Time to build!**

Build something with:

- rocks
- branches
- leaves
- sand
- etc.



Inside

Outside

**Use your imagination to create something!**

Some items you could use:

- modelling clay
- plastecine
- play dough
- recyclable objects
  - toilet paper rolls
  - cereal box
  - foam meat trays
  - egg cartons, etc.
- etc.

**Use your imagination to create something!**

Some items you could use:

- sidewalk chalk
- leaves
- branches
- rocks
- grass
- etc.



Inside

## Pretending

Outside

Use your imagination and play a role!

Roles:

- Mom and/or Dad
- chef
- optometrist/doctor/veterinarian
- teacher

Scenarios:

- Restaurant
- camping
- movie theatre

An idea: Use your Halloween costume!

Use your imagination and play a role!

Roles:

- race car driver on your bicycle
- gardener
- farmer
- postman

Scenarios:

- gardening
- camping
- professional athlete
- Picnic



## Inside

## Outside

# Exploring

### Time to explore your environment!

- build a fort with sheets/blankets
- play in a sensory bin of (made up of either macaroni, rice or lentils) which includes hidden objects
- use your different senses indoors - find objects that you can see, hear, taste, touch and smell
- play a logic game
- create patterns by making fruit kababs
- create patterns by making necklaces
- play in the bath to discover objects that sink and float
- etc.

### Time to explore your environment!

- play in a bin filled with water and find objects that sink and float
- play in the sand to hide/find objects
- go on a scavenger hunt
- use your different senses outdoors - find objects that you can see, hear, taste, touch and smell
- find outdoor items that have different textures - leaves, rocks, branches, etc.
- observe insects (with or without) a magnifying glass
- etc.



Inside

Outside

### Tell a story!

- draw a story and then tell it to your family
- retell a story that was read to you
- tell about a favourite memory you have
- do a puppet show
- send a message to your grandparents
- describe a television show that you watched - what happened?
- describe a movie that you watched - what happened?

### Tell a story!

- take your talk outside - tell stories while enjoying the sun!
- build a story together - each person adds an idea, creating a collective story - go around until the story is finished
- take a walk and describe what you:
  - see
  - hear
  - smell
  - touch
  - taste