

# Daily 6

Daily 6 approach for home!

Complete 1 per day from the 6 different categories

Choose what activity they would like to do from each category.

Each activity should not take more than 20 to 30 minutes.

Keep kids engaged and watch them grow!

Reading	Writing	Word Work	Motor	Movement	Life Skills
Read to yourself	Write about what you read	Read words	Play dough	Go for a walk	Follow a recipe (bake/cook)
Read to someone	Keep a journal	Write words	Draw, colour, or paint	Go for a bike ride/ rollerblading	Help out at home
Listen to a story online	Write a letter, card, post-card, email	Build words	Arts & crafts/ Beads	Jump rope or hop scotch	Make a grocery list
Record yourself reading	Write a story or poem	Read, build & write mats	Complete a puzzle	Dance or gymnastics	Plan an activity
Talk about a book	Create a recipe or comic	Power word games	Build a fort	Indoor/ outdoor games	Play a board game
Look for sounds/words	Find and describe a picture	Vocabulary Games	Fine motor bingo	Yoga	Organize your time & space
		Power Word cards	Clothes Ppn activities		Take time for yourself (hobbies)









## Keeping Track!

Your child(ren) is encouraged to use this card to keep track of the activities he/she completes on a daily basis.

Your child(ren) can simply put checkmarks, under the corresponding day, to identify the activities he/she completed.

Daily 6 Checklist					
	Monday	Tuesday	Wednesday	Thursday	Friday
Daily 1 Reading					
Daily 2 Writing					
Daily 3 Word Work					
Daily 4 Motor					
Daily 5 Movement					
Daily 6 Life Skills					

Daily 6 Checklist						<a href="#">&lt; Back</a>
	Monday	Tuesday	Wed.	Thursday	Friday	
Daily 1 Reading 						
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# Daily 1

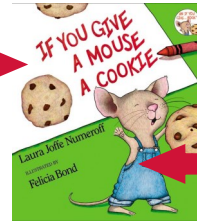
## READING Choice Chart

Choose 1 reading activity from the chart below.  = Click for readily available resource(s).

1. **Read to yourself**  
(a book you like/enjoy)

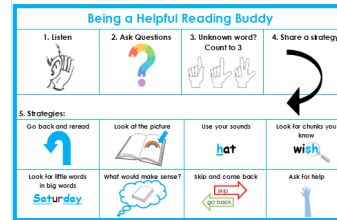


**Read the  
words**



**Read the  
pictures**

2. **Read to someone**  
(person or pet)



3. **Listen to a story  
online**



Storyline Online



TumbleBooks  
e-books for e-kids

[Click here for digital library memory aids](#)

4. **Record yourself  
reading**



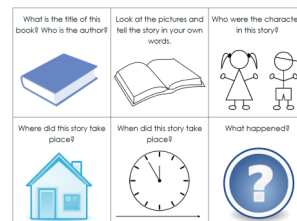
Audacity



Memory Aid



5. **Talk about a  
book**



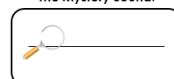
6. **Look for sounds  
or words**



**Mystery Words**

Instructions: After reading the story, look for words that have the mystery sound.

The Mystery Sound:





# Daily 2

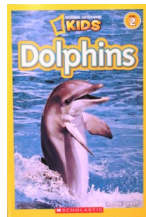
## WRITING Choice Chart

Choose 1 writing activity from the chart below.



= Click for readily available resource(s)

1. Write about what you read



"Thinkabouts"

This book/story is about...  
 I liked this book because...  
 I liked the writing of this book because...  
 I did not like...  
 It was really interesting when...  
 An exciting part of this book was...  
 My favourite part was...  
 I learned...  
 This book/story made me think about...  
 I felt \_\_\_\_\_ when...  
 I realized that \_\_\_\_\_ because...  
 I think the pictures in this book...  
 If I were this character, I would...  
 I can be/understand \_\_\_\_\_ because...  
 I can picture...  
 I feel...  
 If I were the author, I would have...  
 I think the author wrote this book because...  
 I would/would not recommend this book because...

2. Keep a journal

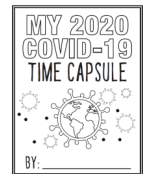


Question Prompts:

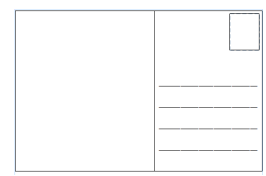
Current events...

Would you rather...

Time capsule (to download)



3. Write a letter, card, postcard, email



4. Write a story or a poem

Super  
Cool  
Happy  
On time  
Outdoor play  
Learning



Making Books:

How to make a mini book using a white sheet of paper

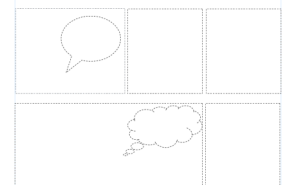
Poetry Resources:

Simple Theme Poems (Cycle 1)

Different types of poetry—Step by Step

Poem Structures

5. Create a recipe or a comic



6. Find and describe a picture/object



Britannica Image Quest memory aid

Describing an object reference sheet



What am I?



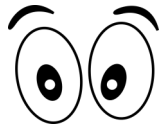
# Daily 3

## WORD WORK Choice Chart

Choose 1 word work activity from the chart below.  = Click for readily available resource(s).

Practice with a partner! \* Ask your teacher/resource teacher which words you should be working on.

### 1. Read words



Read this power word:

laugh

Spell this power word:

live

Write this power word:

love

### 2. Write words



#### Ways to Write/Build Words

Alphabet cereal



Play dough



Wikki sticks



Foam letters



Magnetic letters



White board & Dry erase markers



Rainbow write



Outdoor chalk



Pipe cleaners



Lego



Stamps



Scrabble tiles



### 3. Build words



### 4. Read, build & write mats

Mat can be placed in a large Ziplock or plastic page protector for multiple use.



read
build
write



place word card & read the word

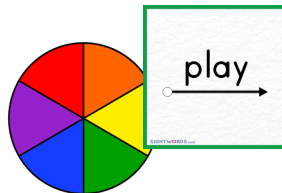


build word (tiles, magnetic letters, etc.)



write the word with dry erase marker

### 5. Power Word Games



Connect 4:

1st set 50 words

2nd set 50 words

Snakes & Ladders:

1st set 50 words

2nd set 50 words

SIGHTWORDS.com



### 6. Vocabulary Games



Letter Grab Bag

How Much is Your Word Worth?

Scattergories Categories



Click here for the **English** power word cards  
Click here for the **French** power word cards



# Daily 4

## MOTOR ACTIVITIES Choice Chart

Choose 1 motor activity from the chart below.



= Click for readily available resource(s).

### 1. Play dough



Play dough mats:



### 2. Draw, colour or paint



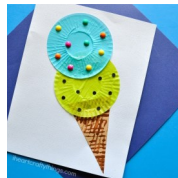
inside



outside



### 3. Arts & crafts/ Beads



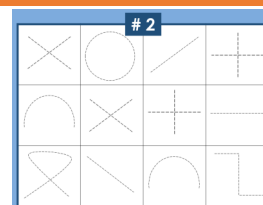
### 4. Complete a puzzle



### 5. Build a fort



### 6. Fine motor bingo



### 7. Clothes pin activities







# Daily 5

## MOVEMENT Choice Chart

Choose 1 movement activity from the chart below.  = Click for readily available resource(s).

1. Go for a walk



Sensory Walk



Neighbourhood Scavenger Hunt



Picture Walk



2. Go for a bike ride or go rollerblading



3. Jump rope or play hop scotch



4. Dance or do gymnastics



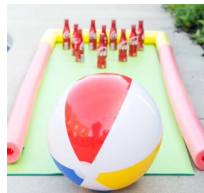
Alphabet Actions:

GoNoodle

Rr



5. Play indoor and outdoor games



6. Yoga



YouTube

Kindergarten & Cycle 1

Cycle 2 & Cycle 3



# Daily 6

## LIFE SKILLS Choice Chart

Choose 1 life skill activity from the chart below.



= Click for readily available resource(s).

1. Follow a recipe  
(bake/cook)



### Recipes

**recipe** *riˈseɪ* (noun) [verb (not used)] A set of instructions, or steps, for making a meal, usually includes a description of the final product and a detailed list of ingredients and their amounts. For example, a recipe for tea might describe how to steep a tea bag or tea leaves in water.

2. Help out at home



make your bed



do/fold laundry



set the table



wash the dishes



3. Make a  
grocery list



Cut out pictures  
from flyers and  
glue into basket



#### Shopping List

	Item	#	Price	Subtotal
1.				
2.				
3.				

4. Plan a family  
activity



movie night



scavenger hunt



Minute to win it  
game



karaoke night



5. Play a  
board game

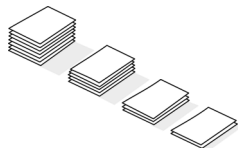


It's Time to Play!  
C'est le moment de jouer!

Planning & Organizational Skills  
Habiletés de planification & d'organisation



6. Organize your  
time & space



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

7. Time for yourself  
(or explore hobbies)



What are your strengths? Take a short quiz!



[Multiple Intelligences Inventory - Elementary](#)  
[Multiple Intelligences Inventory - High School](#)  
[Multiple Intelligences - List of activities](#)



# Daily 6 Checklist



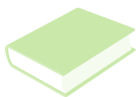




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# Daily 6 Checklist



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