

## Food Assistance and other Resources.

### Assistance alimentaire et autres ressources.

#### 19E Groupe Scout De Saint-Hubert- Frigid' Aide

3755 MacKay street, Longueil, Monteregie, Qc,J4T 2P3450-646-5815

Coverage area: Saint-Hubert, Greefield Park, Lemoyne Fees: Free

Hours: Distribution Tuesdays/ Mardi 15h30 – 18h00, registration: Sunday –  
Dimanche

#### Action Nouvelle Vie

740 Sainte- Charles Street, Longueil, Montérégie, Qc, 450-646-5815

Coverage area: Montérégie Fees: \$10, \$15 Or \$20

#### Aide Aux Familles- Saint-Hubert Parish

5310 Chamly Road, Longueil, Montérégie, QC, J3y 3N7 450-676-4899

Coverage Area: Sait-Hubert Parish

#### Aux Sources Du Bassin De Chambly

1369 Bourgogne Avenue, Chambly, Montérégie, QC,J3L1y4

450-658-1568

Coverage are: Chambly

basin

#### Bienville, Allons De LèAvant

Community Hall, 91 Quinn Street,Longueil, Montregie, QC,J4H 0A5

450-677-5608 Fees: \$11

#### Bouffe Pour Tous

775 Sainte-Foy Boulevard, Longueil, Montérégie, Qc, J4J 1Z4

514-679-6760 Fees:\$3.50

### **MAISON D'ENTRAIDE SAINT-ALPHONSE MESA**

2190 André Street, Brossard, Montérégie, QC, J4Z 2Z8 450 676-3712 Fax: 450 686-0080 food assistance. \* Thrift store. \* Christmas baskets. \* School supplies. \* etc..

**Coverage area:** Brossard **Hours: Monday to Thursday 9h30 to 16h30 and Friday 13h00 to 20h30**

### **HOPE (HELPING OTHER PEOPLE EFFECTIVELY) HOPE**

125 Grove Street, Longueuil, Montérégie, QC, J4V 2X2 450 693-0262 Food banks Services: \* Emergency food assistance. \* Financial assistance for rent, medication, electricity and telephone bills. Eligibility: people on a low income Disabilities access: Yes Coverage area: Greenfield Park, Saint-Hubert, Brossard, LeMoyne **Hours: Monday 9h00 to 15h00, Tuesday 9h00 to 14h30, Wednesday, Thursday and Friday 8h30 to 14h00 Financing: donations Legal status: non-profit organization**

### **MAISONNETTE BERTHELET (LA)**

1254 Blainville Street, Longueuil, Montérégie, QC, J4M 1H6 450 448-4418 \* Information on tenants' rights and advocacy. \* Cultural, sports and recreational activities for youth 8 to 17 years old. \* Homework help. \* Coffee-meetings and workshops for adults. \* **Coverage area: Longueuil: Gentilly district Hours: Monday to Friday 9h00 to 16h00**, variable according to activities Financing: provincial, federal, municipal Legal status: non-profit organization

### **SALVATION ARMY -**

**SOUTH-SHORE COMMUNITY CHURCH 1875 Panama Avenue, Brossard, Montérégie, QC, J4W 2S8 450 462-9185 Fax: 450 462-1885 Email: ricaurte\_valasquez@can.salvationarmy.org Services: \* Food bags distribution. \* Emergency food assistance. \* Christmas Baskets.**

## **MOSAÏQUE (LA), CENTRE D'ACTION BÉNÉVOLE ET COMMUNAUTAIRE**

1650 de l'Église Avenue, Longueuil, Montérégie, QC, J4P 2C8 450 465-1803 Fax: 450 465-5440\* Food assistance, food distribution. \* Collective kitchens. \*

Community thrift store. \* School supplies and assistance with mandatory school fees. \* Affordable glasses. \* Yearlong tax clinic. \* Accompaniment and transportation to medical appointments for seniors. \* Transportation for grocery-shopping. friendly visits. \* Seniors' choir. \* Bouffe-Amis: restaurant outings for people 60 years and over. \* Social integration and rehabilitation centre for people with intellectual disabilities or developmental disorders. \* PAAS Action program: community service. \* Accompaniment for breast cancer screening. \* Furniture \* Volunteering. \* Referral to community resources. Yes **Coverage area:**

**Longueuil** urban agglomeration Hours: administration: **Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, thrift store: Tuesday to Saturday 9h30 to 16h00**

**Fees: tax clinic:** \$10 per fiscal year, thrift store: variable, other services: low cost or free Financing: donations, grants, self-financing Legal status: non-profit organization

**REPAS DU PASSANT (LE)** 700 Sainte-Foy Boulevard, Longueuil, Montérégie, QC, J4J 5E9 450 679-5114 Fax: 450 679-5492 Email:

lerepasdupassant@videotron.ca Services: \* Warm and affordable lunches five days a week. \* Food assistance. \* Christmas baskets. \* Christmas sharing store. \* \*

Catering services. \* Tax clinic. Eligibility: **Coverage area: Longueuil Hours: Monday to Friday 9h00 to 16h00**, community meals: 11h30 to 13h00 50 Food banks Fees: meal: \$1.50 for children under 12 years old, \$4 for adults, solidary price: \$6, lunch voucher: