

Grade 6: General Understanding of Sexuality

Educational aims

1. To become aware that sexuality is lived and expressed through different dimensions

Children will:

- Understand that our sexuality is part of who we are and is expressed throughout life.
- Understand that our sexuality has several dimensions and is composed of our identity, the roles one adopts and our self expression.
- Understand that the dimensions of sexuality are interrelated.
- The dimensions explored by the students will be biological (body), psychological (brain) and emotional (heart).

Activity: Should focus on the positive role of sexuality in life and not only on the “danger” aspect or prevention, prepare students for the contents of the other topics planned in sex education and install the climate of trust necessary for exchanges and discussions.

- As an introduction ask the student to say, in their own words, what they think sexuality is.
- Using the activity “Sexuality Wheel” have students complete the activity and hold a discussion about all the dimensions included in ones’ sexuality.