

Grade 2: Sexual Growth and Body Image

Educational Aims

- 1) Understand that some of our private parts are located outside the body, others inside.
- 2) Understand that their body allows them to do a number of things, can feel pleasant or unpleasant sensations.
- 3) Understand that it is important to appreciate your body, it is unique and you have to take care of it.

Children will:

- Learn the proper names for their private parts, external and internal.
- Discuss the functions of their private parts (ex: reproduction, pleasure and elimination).
- Discuss the importance of knowing their own body.
- Discuss the importance of appreciating differences and individual characteristics.
- Will learn the correct terms to name the parts of the body.
- Will discuss pleasant or unpleasant actions and sensations (ex: hug, high five, punch, push).
- Talk about what their body needs to grow and flourish (ex: hygiene, appreciation, modesty, etc.).

Activity: Using various tools such as books and videos children will learn the names of their body parts, internal and external and their functions and value.

- Teachers will review all body parts with an emphasis on private parts (external and internal) for girls and boys.
- Throughout the activities a mention of the function of their private parts will take place.
- Teachers can do the activity “My body and me” which goes home for students and parents to answer questions. Each student comes back to school with a completed information sheet all about them to share. Here an emphasis will be placed on the uniqueness of each student.