

Grade 1: Sexual Assault

Educational aims:

1. Recognize situations involving sexual assault and ways of protecting yourself
2. Become aware of the feelings that could arise when faced with sexual assault

Children will:

- Have the concept of sexual assault defined in terms that they can understand
- Hold a discussion about how it is important that they understand the concept of 'stranger' and know who are the adults around them that they can trust
- Learn about self protection skills and self defence skills (ex: not going anywhere with someone if your parents have not given you permission, leave a place that makes you uncomfortable, knowing how to say 'no', etc.)
- Learn how and who to talk to if you are feeling unsure/upset about something
- Review body parts to give them the vocabulary to talk about if someone has hurt them

Activity: Recognize situations of assault and ways of protecting yourself and be aware of the feelings that could arise when faced with assault

- Safety activity: discuss many situations with students and ask how they can keep themselves safe (ex: wearing a helmet and kneepads, following road safety, etc.)
- Identifying body parts: Using tools that are age appropriate ask students to name all the body parts and where they are located. Ask them which are private for boys and girls. Talk about what they could do if anyone touches them where their bathing suit covers, or for that matter touches them anywhere they don't feel comfortable with.
- Read the story Madison on Holiday at Her Cousins' Cottage and follow the guide to hold a discussion about the story
- Use the sentences provided by the Ministry to discuss sexual assault vs not sexual assault (ex: My older cousin showed me photos of naked people on his computer (Sexual assault) vs Daddy wraps you up in a big towel when you get out of the bathtub (Reason: hygiene)
- Remind students who the adults are in their lives that they can go to for help
- Review the posters from Kids in the Know to discuss all the elements in this unit to facilitate the talking points (ex: poster of going to the bathroom alone in public and why this might not be safe)