On February 26th, John Adam Memorial celebrated Pink Shirt Day to help stop bullying. Everyone had to wear something pink for the 7th Annual Pink Shirt Day that is held across Canada. Pink Shirt Day started when a high school student from Nova Scotia was being bullied for wearing a pink shirt to school. Other students in his school decided to wear pink to support him and stop the bullying.

All the students and staff who were wearing a pink shirt were showing that students who are being bullied are not alone. Many students in the school were wearing pink shirts and one student was even wearing bright pink pants! Most staff and students participated in this activity to show their support.

On Valentine’s Day, John Adam students had a break from their usual blue and white colour code. Everyone was very happy! The students got to wear red or pink for this special day. This made the school very colourful!

There was also a special box for Valentine’s Day that was used to send cards to others. Students from Kindergarten to Grade 6 were able to make a Valentine’s Day card for anyone in our school. There were slots for each class.

On Valentine’s Day, the Student Council delivered all the cards in the mailbox to everyone in the school. The Student Council also made a card for each student so everyone in the school would receive at least one card. We all had a fun day!
Fitness Tournament

James, Marianne and Sophie

Get ready, get set, get in shape! On Wednesday, February 26th our Grades 4, 5 and 6 students participated in the Fitness Tournament. It was held at St. Jude Elementary School.

One month before the tournament, the students that were interested in participating in the Fitness Tournament tried out in the gymnasium at lunch. Mrs. Danielle gave up her lunch hours to help get the John Adam fitness team ready for the competition. After a couple of practices, the students became very strong. They were ready to compete.

At the tournament, there were competitions for many different events, such as speed skipping, long jump, bench hops, jump and reach, and shuttle run. During the tournament, the students that participated encouraged their teammates. When one of our students broke their own record, everyone screamed and gave that student a high five!

The students enjoyed the tournament because they all did their best in their activity. Now the students are very excited for next year’s fitness tournament!

The John Adam students hope that they did well, but the results will only be announced in March. The students don’t mind where they placed, they just wanted to have fun and they did!

Ski Trip

Cynthia and Sophie

On Thursday, February 20th, the Cycle 3 students went on a ski trip to Mont Saint-Bruno. They had an amazing time together!

In the morning, the students took a course on the practice hill to learn how to ski properly and the monitors gave them little tricks. Then, if they passed their test, their monitor gave them a green pass to go on the more advanced trails in the afternoon.

After lunch, the adults took groups of students to go on the steeper trails. They really enjoyed themselves. They skied with their friends and the adults. Some of the trails were more difficult and had bumps on them and some trails were smoother. Some students got to try a lot of them.

The students that have never skied before said that they had an amazing experience. Everyone thought that it was the nicest day to go because it was bright and sunny. They had so much fun that they wish they could go back another time!
Look out, here they come! The new Kindergarten students are registering at John Adam.

It takes a lot of work to prepare for the Kindergarten registrations and our secretary, Mrs. Legault, is the one who does it all. It takes about half an hour to register each child. She has to make photocopies of the bus routes, school supplies and more. She also has to give information to the parents about our wonderful school. Mrs. Legault also takes all the kids and their parents on a tour around our school. The parents have many questions about our school and she answers them all.

The kids will have an awesome school experience here at John Adam. At our school, they will make new friends, have a lot of fun and learn many new things.