

Grade 3: Sexual Assault

Educational aims

1. Recognize the different forms of sexual assault
2. Develop your ability to apply safety rules to avoid a situation that puts you at risk or to stop sexual assault

Children will:

- Learn about the elements that define sexual assault in children's words (ex: involves having your private parts touched by someone that you do not trust and is harmful not helpful).
- Understand that no one should be showing them their private parts, or asking to see theirs when there is no reason and they are not adults in their life that they are comfortable with and have a trusting relationship with.
- Explore self protection skills and strategies to help apply them (ex: say "no", run away, seek a trusted adults' help)
- Understand what to do if someone wants to show them a naked picture using the internet (or other means), or if a naked picture pops up by error.
- Understand that using self protection skills can sometimes be difficult (ex: difficult for children to say "no" to adults)
- Discuss who are adults in their lives that they can seek out for help (ex: adults that you feel safe, comfortable and secure around)

Activity: Help students recognize the different forms of sexual assault and develop their ability to apply safety rules to avoid situations that could put them at risk, or stop a situation.

- Have a discussion about "How I keep my body safe" and include keeping all body parts safe (ex: I use a helmet when I ride my bike, I change my clothes in private)
- Use the situation "Max doesn't want to play hockey anymore" and hold the guided discussion with the students.
- Use the sample situations to generate ideas to be safe in each situation using the two questions "Why is it sometimes difficult to apply safety rules?" and "What would you do to ensure your safety in this situation?".
- Using the Power Point "How I keep my body safe" and the activity explore how students can keep themselves safe from numerous types of touches.