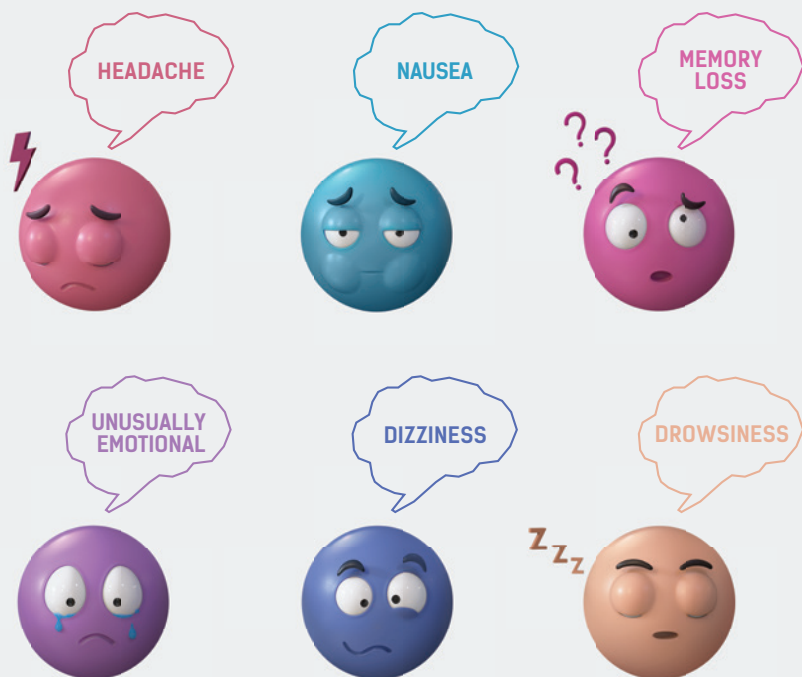


# GET YOUR HEAD AROUND CONCUSSIONS

A concussion is an invisible injury caused by rapid movement of the head following an impact. It is the result of the brain hitting the skull.



# SYMPTOMS OF CONCUSSION CAN APPEAR UP TO 48 HOURS AFTER THE IMPACT.



See all the symptoms at:  
[education.gouv.qc.ca/concussion](http://education.gouv.qc.ca/concussion)